

Cost: \$1.00

Preston Public Schools

Reduced Price
30 cents

Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	<i>Yougurt & Crackers</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Cinnamon Roll</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Breakfast Bar</i> <i>(Glazed Stick)</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Cheese Stix</i> <i>Small Muffin</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>SausagePancake</i> <i>on a stick</i> <i>100% Fruit Juice</i> <i>Milk</i>
Week Two	<i>French Toast Stix</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Turkey Sausage/</i> <i>Egg Cheese Pocket</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Bagel w/ Creamcheese</i> <i>or Peanut Butter</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Yougurt & Crackers</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Cinnamon Roll</i> <i>100% Fruit Juice</i> <i>Milk</i>
Week Three	<i>Cheese Stix</i> <i>Small Muffin</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Mini Pancakes</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Whole Grain Biscuit</i> <i>Butter & Jelly</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Breakfast Bar</i> <i>(Glazed Stick)</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Yougurt & Crackers</i> <i>100% Fruit Juice</i> <i>Milk</i>
Week Four	<i>Whole Grain Pop Tart</i> <i>Cheese Stix</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Cottage Cheese</i> <i>Fruit & Crackers</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Bagel with</i> <i>Egg & Cheese</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>SausagePancake</i> <i>on a stick</i> <i>100% Fruit Juice</i> <i>Milk</i>	<i>Yougurt & Crackers</i> <i>100% Fruit Juice</i> <i>Milk</i>

Revised
30-Apr-10

Everyday Alternate: (1) Assorted Cold Cereal, (2) Fresh fruit instead of fruit juice

*** Starts May 10, 2010 @ PVMS and PPMS ***

All menu items approved through the National School Breakfast Program
Information available upon request